

Central Ohio Basketball

www.centralohiobasketball.com

League Philosophy:

- 🐝 The main purpose of the league is to instruct, develop & prepare players for Middle School basketball.
- 🐝 A win at all costs attitude does not fit our league.
- 🐝 The main goal of the league is player development.
- 🐝 COBA is a developmental travel basketball league, dedicated to teaching fundamentals in a competitive school program atmosphere.

Rules:

- 🐝 Middle School basketball rules apply in our league- 15 minute warm-up, 6 to a maximum 7 minute quarters, 15 minute half time, full court press, zone or man defenses are permitted. No Team may press or trap with a 15 pt lead, violating team will receive a technical assessed to the coach. A 28.5 women's ball is used. Allow at least 1 hour & 15 minutes for each game.
- 🐝 * 4th Grade- free throw line is reduced to 12 feet. Man to Man defense only, No Zone defense of any kind! Full court defense allowed in the last 2 minutes of the Game (Boys may press after January 12th! No Zone or Trapping).
- 🐝 Playing Time- the league strongly recommends that all players play 50% of each game in order for all players to gain valuable game experience.
- 🐝 Officials- the "home team" is responsible for scheduling & paying two **OHSAA Licensed Officials** for each of their home games. For help obtaining officials please contact: Randy Swartz 614-832-7707.
- 🐝 Scorekeepers & Timekeepers are the responsibility of the Home Team. Home Team is the Official Book.
- 🐝 Teams in our league are responsible for one home game time each week! You can schedule games Sunday through Saturday & not necessarily the same day each week. **Teams without a home Venue must share costs with the hosting Team.**
- 🐝 **On school nights:**
Games shouldn't start any later than 7:30pm & should end before 9:00pm.
(Allow plenty of time for teams to travel to your location.)
Cancel Early for bad weather conditions.

On Weekends:

**Games should start no earlier than 9:00am on Saturday & noon on Sunday, when possible. (Allow plenty of time for teams to travel to your location.)
Cancel early for bad weather conditions. (Preferably 2 hrs prior to game time.)**

- 👉 Reversible numbered jersey's or a home and an away jersey are necessary.**
- 👉 If you would like any pictures, special game or team information posted, send me an email & I'll put it on the site!**
- 👉 Email Scores weekly to: scores@centralohiobasketball.com put the team names, grade, gender and date in the subject line. Example: Girls 5th D1 Dublin Celtics vs Pickerington Purple 1-11-11. Scores will be used for Tournament seeding.**

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